

## CURRICULUM VITAE

**Name:** Cynthia L. Johnson, PT, DPT, CHT  
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**Name of Educational Program and Institution:** Physical Therapy Program, University of Colorado Denver, Anschutz Medical Campus

### Education:

University of Colorado Denver Denver, CO	Doctor of Physical Therapy (tDPT)	2007-2009
University of Colorado at Denver Denver, CO, Incomplete	MBA in Health Administration	2000-2002
University of Southern California Los Angeles, CA	Master of Physical Therapy	1986-1988
University of Denver, Denver, CO	BA Psychology	1979-1983

### Licensure Information/Registration Number:

Colorado #2991

### Certifications (eg, ABPTS):

Certified Hand Therapist, Hand Therapy Certification Commission, Certificate # 9711000027

Advanced Credentialed Clinical Instructor, American Physical Therapy Association

### Employment and Positions Held:

Oct 2008-present	Contract therapist, University Physician's Inc., University of Colorado Denver, Aurora, CO
July 2008-present	Core Faculty/Instructor, Physical Therapy Program, University of Colorado Denver, Anschutz Medical Campus, Aurora, CO
March 2005-July 2008	Adjunct Faculty/Clinical Instructor, Physical Therapy Program, University of Colorado Denver, Anschutz Medical Campus, Aurora, CO
Nov 2006-Oct 2008	Independent Contract Therapist, Denver, CO
June 2004-Nov 2006	Hand Therapist, WestSide Hand Therapy, Wheat Ridge, CO
Sept 2003-June 2004	Independent Contract Therapist, Denver, CO
April 2001-Aug 2003	Director of Clinical Development, Rehabilitation and Performance

	Medicine Specialists, Denver, CO
April 1999-April 2001	Executive Director, Rehabilitation and Performance Medicine Specialists Denver, CO
Sept 1997-April 1999	Director of Therapy, Rehabilitation and Performance Medicine Specialists, Denver, CO
Feb 1993-Aug 1997	Staff Physical Therapist/Center Coordinator of Clinical Education, Colorado Athletic Conditioning Clinic, Aurora, CO
March 1991-Feb 1993	Center Coordinator of Clinical Education, Sports Conditioning and Orthopedic Rehabilitation, Central Clinic, Denver, CO
Oct 1990-March 1992	Director of Physical Therapy, Sports Conditioning and Orthopedic Rehabilitation, Downtown Clinic, Denver, CO
Oct 1988-Oct 1990	Staff Physical Therapist, Sports Conditioning and Orthopedic Rehabilitation, Central Clinic, Denver, CO

**Peer Reviewed Publications:**

N/A

**Peer Reviewed Scientific and Professional Presentations:**

Johnson C. Thoracic outlet syndrome: an evidence based update. Denver Hand Special Interest Group. Denver, CO; October 2009.

Johnson C, Balter JE, Bruflat A, Maluf KS. Discriminant validity of a clinical screening tool for occupational myalgia. National Clinical and Translational Research Educational Annual Meeting. Washington DC; April 2009.

Johnson C, Maluf K. Stress evoked activation of the upper trapezius muscle differs for women with and without chronic neck pain [poster presentation]. Combined Sections Meeting, APTA. Las Vegas, NV; February 2009.

Johnson C, Davis C. Elbow rehab after fracture. 23<sup>rd</sup> Annual Meeting of the American Society of Hand Therapists and the American Society for Surgery of the Hand. Seattle, WA; October 2000.

Johnson C. Clinical Educators Forum - then and now. APTA Southeast District. Pueblo, CO; February 1994.

**Abstracts:**

N/A

**Non-Peer Reviewed Publications:**

N/A

### **Non-Peer Reviewed Presentations:**

Johnson C. Care and prevention of back injuries. Presented to Eldora Ski Resort employees; July 1992, July 1994, and November 1995.

Johnson C. Care and prevention of back injuries. Presented to Copper Mountain employees, Copper Mountain, CO; May 1989, May 1990, May 1991, June 1992, July 1993, July 1994, and July 1995.

Johnson C. Back-on-Trac. Seminar presented to City and County of Denver employees; May, 1992.

Johnson C. Active and alive at 55, 65, 75, . . . Presented to Meadow Creek Tennis and Fitness Club, Inc., Senior Health Seminar; October 1989.

### **Funded/In Review Grant Activity:**

N/A

### **Other Research and Scholarly Activity:**

Maluf K (PI). Detection and treatment of stress-evoked muscle activity in occupational myalgia. September 2007-present. Role: research assistant.

Johnson C. The Effects of electrical stimulation on cutaneous oxygen supply in ten diabetic older adults (Internal-University of Southern California). 1988.

### **Continuing Education Workshops Conducted/Organized:**

Organized and coordinated: Spanish for physical therapists, conducted by Monika Mann, PT (presenter) Denver, CO; April 2003 (16 hours).

Organized and coordinated: Muscle energy techniques for the thoracic spine and ribs, conducted by Peter Szymanski, PT, IOC, CFMT (presenter) Denver, CO; Jan 2003 (16 hours).

Organized and coordinated: Muscle energy techniques for the cervical spine, conducted by Peter Szymanski, PT, IOC, CFMT (presenter) Denver, CO; Nov 2002 (16 hours).

Organized and coordinated: Muscle energy techniques for the lumbar spine and pelvic girdle, conducted by Peter Szymanski, PT, IOC, CFMT (presenter) Denver, CO; July 2002. (16 hours).

Organized and coordinated: Managing the complex case, conducted by multiple presenters, sponsored by Rehabilitation and Performance Medicine Specialists. Denver, CO; June 2002 (4 hours).

Organized and coordinated: Upper extremity pain syndromes following traumatic events, conducted by Susan Stralka, MS, PT (presenter) Denver, CO; August 2000 (8 hours).

### **Membership in Scientific/Professional Organizations:**

- American Physical Therapy Association (APTA), 1986-present

- Hand Rehabilitation Section. 1995-present
  - Vice President/Program Chair Hand Rehabilitation Section, 2008-2010
- Colorado Chapter, 1986-present
- Denver Hand Special Interest Group, 1993-present
  - Board Member, 2007-present
- American Society of Hand Therapists (ASHT) 1998-present
  - Committee Chair, 2007-2008
- Rocky Mountain Hand Surgery Society, 2000-present
- Clinical Educators Forum 1993-present
  - Chair, 1993-1996
  - Vice Chair, 1992-1993

### **Consultative and Advisory Positions Held:**

Advisory Board Member State of Colorado Department of Labor and Employment  
Division of Workers' Compensation to update the Shoulder Injury and Thoracic Outlet  
Syndrome Medical Treatment Guidelines, 2008

Guest Lecturer/Lab Instructor, Musculoskeletal Management III Wrist/Hand, Regis University  
DPT program, 2004-present

Lecturer/Lab Instructor, Physical Therapy Management: Orthopedic I (Upper Extremity) UCHSC  
PT program, 2004

Focus Group Panel Hand Therapy Certification Commission, Inc., Seattle, WA, 2000

KT 2000 testing for pre-employment screenings of Lake Eldora Ski Resort, Lake Eldora, CO,  
1993-1997

Cybex and KT 1000 testing for pre-employment screening of Copper Mountain Employees,  
Copper Mountain, CO, 1989-1996

Denver Public Schools Health Care Advisory Committee, Denver, CO, 1992-1994

### **Community Service:**

Director of Brown Bag Lunch Program, Saint Joseph Episcopal Church, providing meals to the  
homeless through the Volunteers of America 2008-present

Secretary of Yacht Club II Homeowners Association, Westminster, CO, 2005-present

9 Health Fair screenings Denver, CO, 1994, 2007, 2008, 2009

Athletic screenings Aurora Public Schools, Aurora, CO, 1993, 1994

Coordinated and taught in the Sports Medicine/Physical Therapy Aide Program Career  
Education Center, Denver Public Schools, Denver, CO, 1992-1994

Organized and coordinated Athletic Trainers for the Colorado Police and Fire Memorial Football Game, 1993, 1994

Organized and coordinated therapist consultations and injury evaluations, Meadow Creek Tennis and Fitness Club, Lakewood, CO, 1989-1992

Organized and coordinated Athletic Trainers for the P.I.G. Bowl, Denver Police Department, Denver, CO, 1991, 1992

**Services to the University/College/School on Committees/Councils/Commissions:**

**Physical Therapy Program:**

Chair, ADA Task Force, Physical Therapy Program, University of Colorado Denver, Anschutz Medical Campus, Denver, CO 2009-present

Clinical Education Advisor, Physical Therapy Program, University of Colorado Denver, Anschutz Medical Campus, Denver, CO 2008-present

Student Faculty Advisor, Physical Therapy Program, University of Colorado Denver, Anschutz Medical Campus, Denver, CO 2005-present

Member, Movement Science Task Force, Physical Therapy Program, University of Colorado Denver, Anschutz Medical Campus, Denver, CO 2005-present

**Honors and Awards:**

Outstanding Committee Member, American Society of Hand Therapists, 2008

Departmental Grant, University of Southern California Physical Therapy Department, 1988

Class Representative for Graduate Physical Therapy Class, 1986-1988

The Hornbeck Scholar Award, University of Denver, 1983

Dean's List, University of Denver, 1979-1983

Golden Key National Honor Society, University of Denver, 1982

University Scholars Scholarship, University of Denver, 1979

**Continuing Education Attended:**

A systematic approach to examination, diagnosis & manual therapy of the wrist – level 1. International Academy of Orthopedic Medicine - US. Denver, CO; October 2009 (15 hours).

Bridges: connecting the past and the future. Combined Annual Meetings of ASSH and ASHT. San Francisco, CA; September 2009 (15 hours).

Advanced Credentialed Clinical Instructor Program, Denver, CO; May 2009 (15 hours).

American Society of Hand Therapists 31<sup>st</sup> Annual Meeting. Boston, MA; Oct 2008 (18.25 hours).

2008 Anatomy Course, Denver Hand Special Interest Group. Denver, CO; May 2008 (3 hours).

Roy A Meals, MD (course director). Doctors demystify the elbow for OTs and PTs. Denver, CO; April 2008 (6 hours).

Upper extremity joint manipulation (HVLAT). APTA Hand Rehabilitation Section. Nashville, TN; Feb 2008 (8 hours).

American Society of Hand Therapists 30th Annual Meeting. Phoenix, AZ; Oct 2007 (19.5 hours).

Roy A Meals, MD (course director). Doctors demystify the thumb. Denver, CO; April 2007 (6 hours).

Surgery and rehabilitation of the hand: a comprehensive review. Hand Rehabilitation Foundation, Philadelphia, PA; Feb 2007 (26 hours).

Roy A Meals, MD (course director). Doctors demystify the wrist for allied health professionals. Denver, CO; Oct 2006 (5.5 hours).

Roy A Meals, MD (course director). Doctors demystify the finger joints for allied health professionals. Denver, CO; Aug 2005 (5.5 hours).

Roy A Meals, MD (course director). Doctors demystify the shoulder for allied health professionals. Denver, CO; Aug 2004 (6 hours).

2004 Anatomy Course. Denver Hand Special Interest Group. Denver, CO; May 2004 (3 hours).

**Current Teaching Responsibilities in the Entry-Level Program (in sequence, by quarter or semester):**

Summer Semester:

DPTR 7741: Special Practice Settings: Industrial Medicine

DPTR 5001: Clinical Anatomy I, lab instructor

DPTR 6002: Clinical Anatomy II, lab instructor

DPTR 6102: Movement Science II, lab instructor

Fall Semester:

DPTR 6205: Clinical Skills -Prosthetics and Orthotics, course coordinator

DPTR 5101: Movement Science I, lab instructor

DPTR 5203: Clinical Skills: Therapeutic Interventions, lab instructor

DPTR 6612: Patient Care Seminar II

Spring Semester:

DPTR 5611: Patient Care Seminar I

DPTR 5401: Musculoskeletal Conditions I: Upper Extremity (Lab instructor for Shoulder content, Primary instructor for Elbow, Wrist and Hand Content)