

Beth Tupta, MSN, NP-C

Profile

- Highly motivated and compassionate Masters-prepared registered nurse with ten years of experience in the specialties of bone marrow transplant, oncology, general medicine and surgery
- Clinical expert who strives to implement evidence-based practice by initiating quality improvement initiatives
- Strong work ethic that strives for clinical and service excellence, especially patient and family advocacy
- Dynamic leadership skills in the Charge Nurse role exhibited through traits such as a positive attitude, flexibility, creative innovations, and mentorship to staff and peers
- Effective educator who regularly serves as a preceptor to new graduate nurses

Education

Masters of Science in Nursing, Adult Geriatric Nurse Practitioner Program University of Colorado, Denver, Colorado	May, 2015
Bachelors of Science in Nursing- <i>Summa Cum Laude</i> Marquette University, Milwaukee, Wisconsin	May, 2005

Licensure/Certifications

AANPCP certified Adult-Gerontology Primary Care Nurse Practitioner Certification #AG0915253	Current (Expires 9/20)
State of Colorado Registered Nurse License RN.0172584	Current (Expires 9/17)
State of Colorado Nurse Practitioner License APN.0992100-NP	Current (Expires 9/17)
State of Colorado Provisional Prescriptive Authority License RXN.0101762-NP	Current
Advanced Cardiovascular Life Support	Current (Expires 1/17)
Basic Life Support	Current (Expires 1/17)
Oncology Certified Nurse	2007-Present
ONS Chemotherapy Certification	Current (Expires 3/16)

Clinical Rotations

<i>UCH Endocrine/ Diabetes Clinic, Aurora, CO</i> (135 hours)	August - December 2013
<ul style="list-style-type: none">• Performed comprehensive health assessments on adults with Type I and II diabetes, complicated by multiple co-morbidities• Implemented education on health promotion and the self-management of diabetes	
<i>UCH Infectious Disease and HIV Clinic, Aurora, CO</i> (135 hours)	January - May 2014
<ul style="list-style-type: none">• Completed focused physical exam and health history on adults with diabetic foot ulcers, septic joints, and resistant infections• Developed experience in prescribing appropriate antibiotics for resistant organisms• Managed pharmaceutical therapy and primary care services for adults with HIV infection	
<i>Sheridan Community Clinic, Denver, CO</i> (135 hours)	June - July 2014
<ul style="list-style-type: none">• Delivered medical and pharmacological management of acute and chronic illnesses: upper respiratory infections, diabetes, hypertension, hyperlipidemia, and thyroid disorders	
<i>UCH Bone Marrow Transplant Clinic, Aurora, CO</i> (90 hours)	September - December 2014
<ul style="list-style-type: none">• Performed health assessment and medical management for adults with hematologic malignancies• Assessed and managed acute symptoms in the Bone Marrow Infusion Center	
<i>Physician House Calls, Wheat Ridge, CO</i> (90 hours)	March – May 2014

- Provided home visits to adults ages 50-100+, managed multiple co-morbidities and chronic illnesses

Park Meadows Family Medicine Clinic, Lone Tree, CO (45 hours) January - February 2014

- Implemented comprehensive well-adult examinations, appropriate health screening, and health promotion education

Professional Experience

Nurse Practitioner, Division of Endocrinology, Metabolism, and Diabetes 2016-present

University of Colorado, School of Medicine, Aurora, Colorado

- Provide direct patient care, clinical follow-up, and lab review in collaboration with the diabetes, metabolism and endocrinology team
- Manage intensive diabetes regimens through both multiple injections and insulin pump therapy
- Perform comprehensive health assessment and physical exam
- Identify, evaluate, and modify appropriate plan of care tailored according to individual patient needs and preferences
- Implement appropriate patient education in order to promote self management of care

Charge RN, Inpatient Bone Marrow Transplant/ Oncology/ Medical/ Surgical Unit 2011-2016

University of Colorado Hospital, Aurora, Colorado

- Managed daily flow and function of a 36-bed inpatient unit through RN patient assignments, unit staffing decisions, and capacity management
- Served as clinical resource and support for staff RNs and CNAs in the management of a diverse medical, surgical, oncology, and bone marrow transplant patient population
- Facilitated interdisciplinary communication and collaboration between patients, RNs, pharmacists, physicians, therapists, social work, and case management
- Precepted new graduate and experienced nurse hires
- Performed leadership rounding with patients and families to ensure service excellence
- Assisted with critiquing the latest evidence through facilitating journal clubs
- Instituted disciplinary action and education plans with staff members
- Responsible for completing and conducting midterm and yearly employee evaluations

Clinical RN, Inpatient Bone Marrow Transplant/ Oncology/ Medical/ Surgical Unit 2005-2011

University of Colorado Hospital, Aurora, Colorado

- Managed the care of a highly complex and diversified patient population that included medical, surgical, oncology and bone marrow transplant patients on a fast-paced inpatient unit
- Developed extensive knowledge of medical equipment, procedures, anatomy, pathophysiology, medications, and patient education
- Readily identified changes in patient condition and implemented appropriate interventions
- Performed patient assessment, education, administration of chemotherapy, and end-of-life care
- Routinely served as a preceptor to new graduate nurses
- Led a quality improvement project that focused on reducing blood culture contamination rates: implemented blood culture kits hospital-wide, provided educational in-services to staff, and standardized the procedure for drawing blood cultures through central lines based on the latest evidence

Achievements

Level III Credentialed RN based on UEXCEL credentialing ladder	2009-present
Nightingale Nominee	2010
UCH President's Award for Patient and Family Centered Care	2013
Member of Oncology Nursing Society	Current

